

McCracken's Gymnastics and Swim School

15515 S. Keeler ♦ Olathe, KS 66062 ♦ (913)782-8555

www.mcgymswim.com

December 29, 2009

Dear Coaches:

Thank you for supporting the 2010 Guaranteed Foods Invitational. Below is the final schedule. The levels 5 – 7 session will be modified capital cup and the levels 2-4 sessions will be traditional format. We look forward to seeing you soon!!

Thanks!!

Mary

2010 Guaranteed Foods Invitational **Final Schedule**

Saturday, Jan. 23rd, 2010

Session II: Level 2 & 3

Session III: Level 4

Open Stretch	10:30 – 10:50am	Open Stretch	1:00 – 1:30pm
Open Warm-up	10:50 – 11:30am	Timed Warm-up	1:30 – 2:30pm
March In	11:30 – 11:35am	March In	2:30 – 2:35pm
Competition	11:35 – 12:30pm	Competition	2:35 – 4:30pm

Session IV: Level 5 - 7

Open Stretch	5:00 – 5:30pm
Timed Warm-up	5:30pm
March In	5:40pm
Competition	5:45 – 7:30pm

****Awards following each session ****