

McCracken's Gymnastics invites you to attend our

**2008 ST. NICI CO-ED CLASSIC**  
**DECEMBER 12<sup>TH</sup> - 14<sup>TH</sup>, 2008**

**Who:** Girls Levels 2 – 10                      Boys Levels 4 - 10  
(Not necessary to have both a boys and girls team to participate☺)

**When:** December 12<sup>th</sup> – 14<sup>th</sup>, 2008

**Where:** McCracken's Gymnastics  
15515 S. Keeler  
Olathe, KS 66062  
(913) 782-8555

**Meet Director:** Mary McDaniel              Contact info: [Maryewil2@aol.com](mailto:Maryewil2@aol.com)

**Entry Fees:**

Girls - Level 2 - 4 (non-sanctioned)	\$30 per gymnast
Level 4 (sanctioned)	\$50 per gymnast
Levels 5 – 6	\$65 per gymnast
Levels 7 – 10	\$75 per gymnast

Boys – League Meet	\$37.00 (see attached sheet = Page3)
Level 4 (sanctioned)	\$50 per gymnast
Levels 5 – 6	\$65 per gymnast
Levels 7 – 10	\$75 per gymnast

**Team Entry:** \$30.00/per team -- top 3 scores per event counted  
(no team awards for non-sanctioned girls sessions)

**Entry Deadline:** Friday, November 14<sup>th</sup>, 2008  
\*\*\*\*Make checks payable to McCracken's Gymnastics\*\*\*\*

**Admissions:**

Adults:	\$5.00 per session
Students:	\$3.00 per session
5 & under:	free

**HOST HOTEL:** Holiday Inn Holidome  
101 W. 151<sup>st</sup>. St.                      (mention McCracken's Gymnastics)  
Olathe, KS 66062  
(913)829-4000

\*\*\* A meet schedule will be sent as soon as we have numbers in\*\*\*  
\*\*\*\*Awards will immediately follow each session.

Girls and boys will follow USAG recommendations and more!!

Entry Form on Page 2, Boys League Info Page 3

**McCracken's Gymnastics and Swim, Inc.**  
 15515 S. Keeler ♦ Olathe, KS 66062 ♦ (913)782-8555  
[www.mcgymswim.com](http://www.mcgymswim.com)

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Meet Name: \_\_\_\_\_ Meet Date: \_\_\_\_\_

Team Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Team Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Email: \_\_\_\_\_

Head Coach: \_\_\_\_\_ USAG #: \_\_\_\_\_ Safety Exp: \_\_\_\_\_

Assistant Coach(s): \_\_\_\_\_ USAG #: \_\_\_\_\_ Safety Exp: \_\_\_\_\_

: \_\_\_\_\_ USAG #: \_\_\_\_\_ Safety Exp: \_\_\_\_\_

**\*\*Please use a separate form for boys and girls entries!! Make copies as needed\*\***

Competitor Name	USAG #	Level	Birth date	Age	M/F
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					
16.					
17.					
18.					
19.					
20.					

# of Gymnasts \_\_\_\_\_ X \$ \_\_\_\_\_ = \$ \_\_\_\_\_

# of teams \_\_\_\_\_ X \$ \_\_\_\_\_ = \$ \_\_\_\_\_

\_\_\_\_\_  
 Total amount enclosed = \$ \_\_\_\_\_

# **Kansas City Boys League Meet**

## **(non-sanctioned)**

The purpose of the league is to encourage participation in competitive gymnastics by providing parents and gymnasts a positive and inexpensive introduction. In doing so, we hope to facilitate the development of larger boys classes and teams. The league targets first year, Level 4 gymnasts to perform for a score and a participation ribbon. All Around Medals are presented to each gymnast participating.

**Note: Any team is welcome to enter boys in this developmental meet. We encourage USAG registered level 4 gymnasts to enter our sanctioned event.**

Entry Fee: **\$37** - no team fee

Format: **Open Stretch (10 - 15 min)**

**Level 4 & 5: Warm-up (30 min.) then perform**

**Level 6: Touch and go**

Awards:

**Individual Events:** receive a different colored ribbon per event.

**All Around:** Each boy will receive a medal

A gymnast may perform Level 4, 5 or 6 compulsory routines.

- Coach is allowed to speak to gymnasts without deduction
- Level 4 vault: May perform level 5 vault
- Level 4 floor: Allow backhandspring at end of routine, deductions stop at round-off
- Allow league level 4 high bar routine with 8.2 start value

### **League High Bar Routine Alternative (level 4)**

**Chin up and:**

**2 or more back swings,**

**1 hop swing,**

**1/2 turn,**

**Back swing dismount.**

- **Swings hop and turn in any order**
- **No deduction for added swings**
- **Start score 1.0 lower**

We observe the “Open Compulsory” concept: suggested for boys age 10+. Gymnasts need not perform the same level routines on all events. We have found this to be challenging and fun.